

Midland District Cross Country Relay Championships (Men)

Scottish Cross Country Union

1974-5	Clyde Valley AC	54.15	Shettleston H	54.34	Victoria Park AAC	54.43
1973-4	Strathclyde University AC	52.12	Shettleston H	53.09	Victoria Park AAC	53.17
1972-3	Victoria Park AAC	50.20	Clydesdale H	50.54	Law & District AAC	51.14
1971-2	Shettleston H	46.44	Springburn H	47.32	Monkland H	47.37
1970-1	Shettleston H "A"	46.11	Shettleston H "B"	46.59	Springburn H	47.35
1969-70	Shettleston H	45.00	Law & District AAC	45.52	Springburn H	46.21
1968-9	Shettleston H	47.27	Strathclyde University AC	48.50	Bellahouston H	48.58
1967-8	Shettleston H	58.04	Springburn H	58.09	Victoria Park AAC	58.23
1966-7	Motherwell YMCA H	49.08	Victoria Park AAC	51.22	Dumbarton AAC	51.49
1965-6	Motherwell YMCA H	51.41	Shettleston H	53.50	St Modan's AAC	54.19
1964-5	Motherwell YMCA H "A"	49.32	Shettleston H	51.58	Motherwell YMCA H "B"	52.08

National Cross Country Union of Scotland

1963-4	Motherwell YMCA H "A"	52.18	Motherwell YMCA H "B"	53.40	Shettleston H	54.30
1962-3	Motherwell YMCA H	53.11	Victoria Park AAC	54.35	Shettleston H	54.51
1961-2	Motherwell YMCA H	50.39	Shettleston H	52.35	Victoria Park AAC	52.55
1960-1	Motherwell YMCA H	58.09	Shettleston H	58.30	St Modan's AAC	58.33
1959-60	Victoria Park AAC	55.07	Bellahouston H	55.39	Shettleston H	55.45
1958-9	Bellahouston H	52.42	Victoria Park AAC	53.25	Shettleston H	53.35
1957-8	Victoria Park AAC	56.10	Bellahouston H	56.46	Clydesdale H	57.41
1956-7	Shettleston H	57.17	Victoria Park AAC	57.54	Bellahouston H	57.56
1955-6	Shettleston H	56.16	Garscube H	57.13	Springburn H	57.29
1954-5	Shettleston H "A"	66.50	Victoria Park AAC	68.19	Shettleston H "B"	68.49
1953-4	Shettleston H	57.34	Victoria Park AAC "A"	58.28	Victoria Park AAC "B"	59.39
1952-3	Shettleston H	53.47	Victoria Park AAC	54.09	Bellahouston H	54.34
1951-2	Springburn H	58.27	Shettleston H	58.47	Victoria Park AAC	59.07
1950-1	Victoria Park AAC	46.50	Springburn H	47.16	Shettleston H	47.34
1949-50	Shettleston H	58.14	Victoria Park AAC	58.31	Vale of Leven AC	58.49

1948-9	Shettleston H	60.59	Victoria Park AAC	61.01	Motherwell YMCA H	61.21
1947-8	Shettleston H	52.58	Bellahouston H	53.40	Garscube H	53.46
1946-7	Bellahouston H	54.53	Maryhill H	54.54	Victoria Park AAC	55.12
1938-9	Maryhill H	53.28	Shettleston H	53.42	Bellahouston H	55.01
1937-8	Shettleston H	54.10	Maryhill H	54.17	Bellahouston H	54.39
1936-7	Shettleston H	57.33	Maryhill H	57.39	Bellahouston H	57.40
1935-6	Plebeian H	54.24	Shettleston H	54.45	Springburn H	55.05
1934-5	Shettleston H	56.02	Maryhill H	56.15	Plebeian H	56.37
1933-4	Plebeian H	56.33	Shettleston H	56.46	Motherwell YMCA H	56.49
1932-3	Shettleston H	56.52	Plebeian H	57.30	Garscube H	57.58
1931-2	Plebeian H	56.00	Shettleston H	56.51	Motherwell YMCA H	57.05
1930-1	Motherwell YMCA H	60.18	Plebeian H	60.49	Maryhill H	61.00
1929-30	Plebeian H	58.28	Garscube H	59.21	Motherwell YMCA H	59.43